Respected Parents and Dear Students,

Greeting to you all from Nirmala Convent School. Hope all of you are keeping safe, hale and hearty. I express my deep felt gratitude to all my dear parents for taking keen interest in guiding the children during this pandemic. Your life example and regular assistance made all the difference in the lives of the children when they were away from the school. With your support we could conduct online classes, Revision tests, First Terminal examination, Seminars, online competitions and various activities. My heartfelt appreciation to you all dear parents.

COVID-19 is a new virus and we are still learning about how it affects children. We know it is possible for people of any age to be infected with the virus, but so far there have been relatively few cases of COVID-19 reported among children. The virus can be fatal in cases, so far mainly among older people with pre-existing medical conditions.

Know the latest facts, Understand basic information about coronavirus disease (COVID-19), including its symptoms, complications, how it is transmitted and how to prevent transmission. Stay informed about COVID-19 through reputable sources such as UNICEF and WHO and national health ministry advisories.

As seasons of festivals (Dussehra, Diwali, Chhath puja, Id-e-Milad, Guru Nanak Jayanti, Christmas etc) are ahead of us, and we all are in a celebrative mood, I wish and Pray that all these celebrations may bring love, peace and prosperity to all of us. But a humble reminder, <u>YOUR HEALTH IS YOUR RESPONSIBILITY</u>. Kindly practice three preventive measures. (1) Proper use of masks (2) Washing hands on a regular basis (3) Maintain Social Distance.

The time of winter is creeping in. A beautiful time to see the wonders of nature with various colours of flowers. It's my request to all the students to plant a few saplings with the help of your parents, water them, nurture them and take care of them as a part of your project. Also fix time for doing physical exercises/yoga/Self Defence/Games to strengthen your immune system.

Puja vacation is from 21st October to 31st October. And the online classes will restart from Monday, 2nd November 2020. Second Terminal Examination will begin as per the Time table given. I request all the children to study and complete the assignments and get ready for the examination.

I earnestly pray that all of you may have a joyful and peaceful time ahead. Let the Almighty God keep you all safe and protect you from all kinds of sickness and dangers of body, mind and soul. Take care. Stay healthy.

May the Good Lord bless you all.

With regards

Principal Nirmala Convent School Keonihar